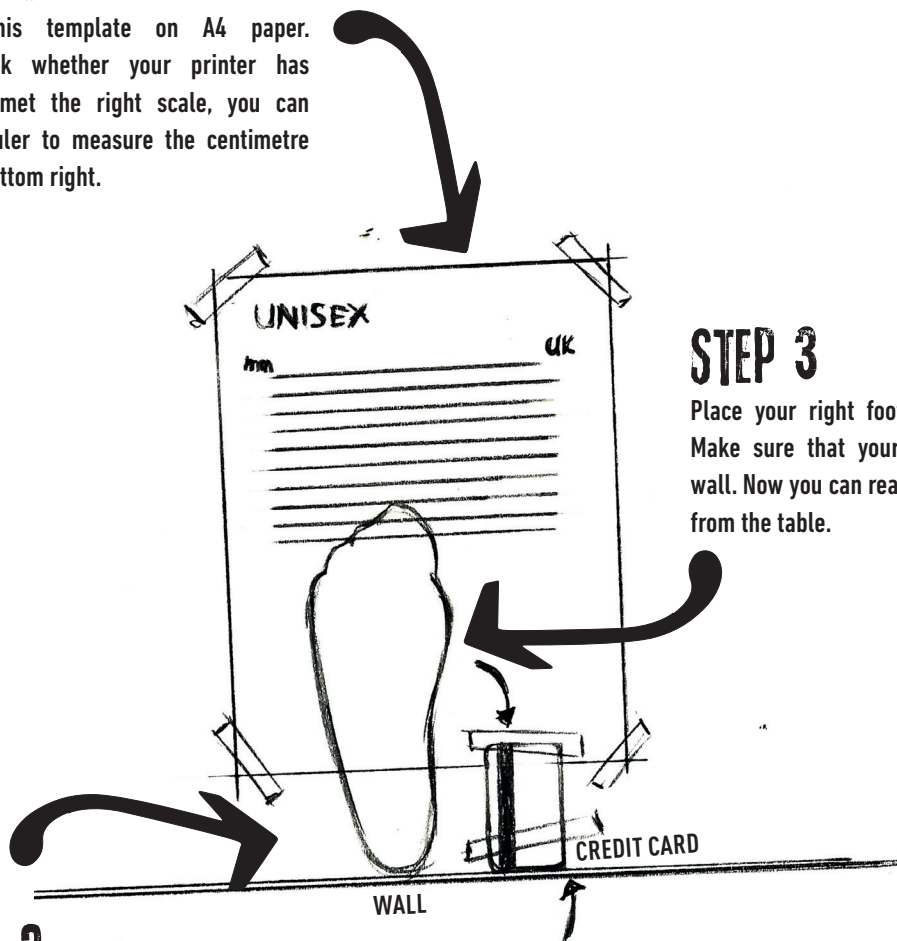


# FIND YOUR LOWA SHOE SIZE

Find out in just three easy steps what shoe size we would recommend for you.  
What do you need for that? A credit card, a wall, an A4 print of this template and maybe some adhesive strips.

## STEP 1

Print this template on A4 paper. To check whether your printer has exactly met the right scale, you can use a ruler to measure the centimetre at the bottom right.



## STEP 3

Place your right foot on the template. Make sure that your heel touches the wall. Now you can read off your shoe size from the table.

## STEP 2

Find a free space right next to a wall. Then place the printout on the floor and use the credit card as a placeholder. To do this, place the credit card next to the wall with its side edge, so that the opposite side touches the marking on the printout. If necessary, you can stick the credit card to the floor with adhesive tape to keep everything in place.

## OUR TIP:

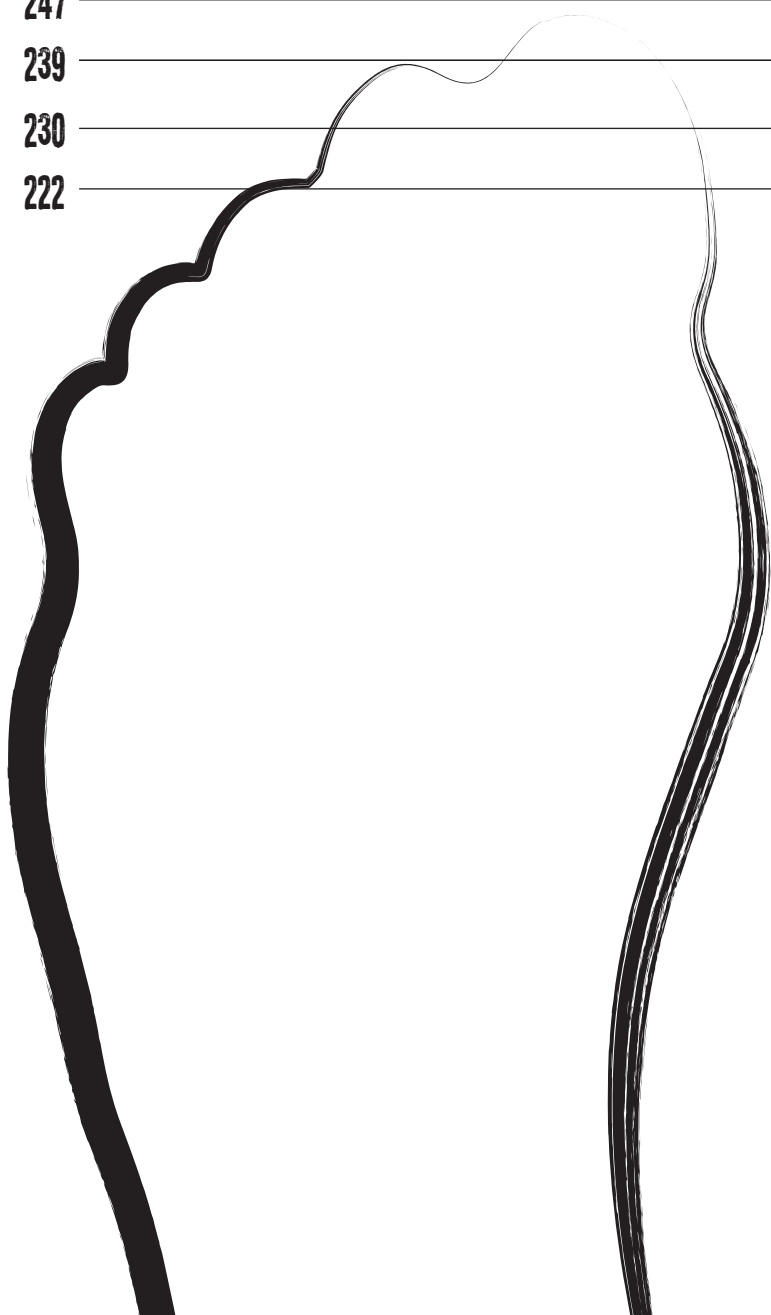
Also measure your left foot. Your feet might have different sizes. If this is the case, go with the size of your bigger foot.

# UNISEX SIZES

**LOWA**  
simply more...

When recommending shoe sizes, LOWA calculates with an additional length of 15 mm (12 mm for children). This has already been considered in the following information.

Foot length in mm	Shoe size (UK)
324	15
315	14
307	13
298	12
290	11
281	10
273	9
265	8
256	7
247	6
239	5
230	4
222	3

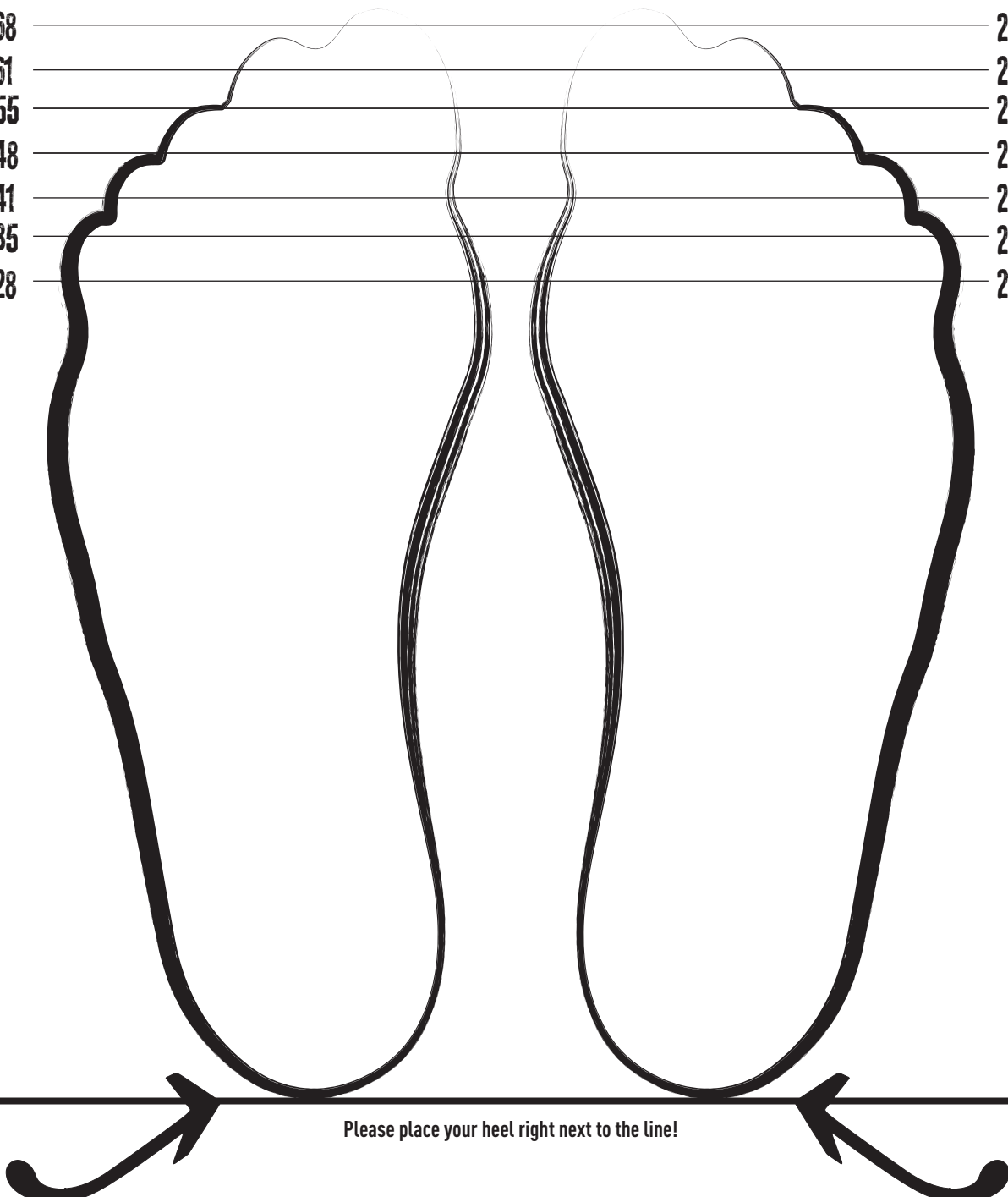


# KIDS SIZES

**LOWA**  
simply more...

When recommending shoe sizes, LOWA calculates with an additional length of 15 mm (12 mm for children). This has already been considered in the following information.

Foot length in mm	Shoe size (EU)
215	34
208	33
202	32
195	31
188	30
182	29
175	28
168	27
161	26
155	25
148	24
141	23
135	22
128	21



Please place your heel right next to the line!

